

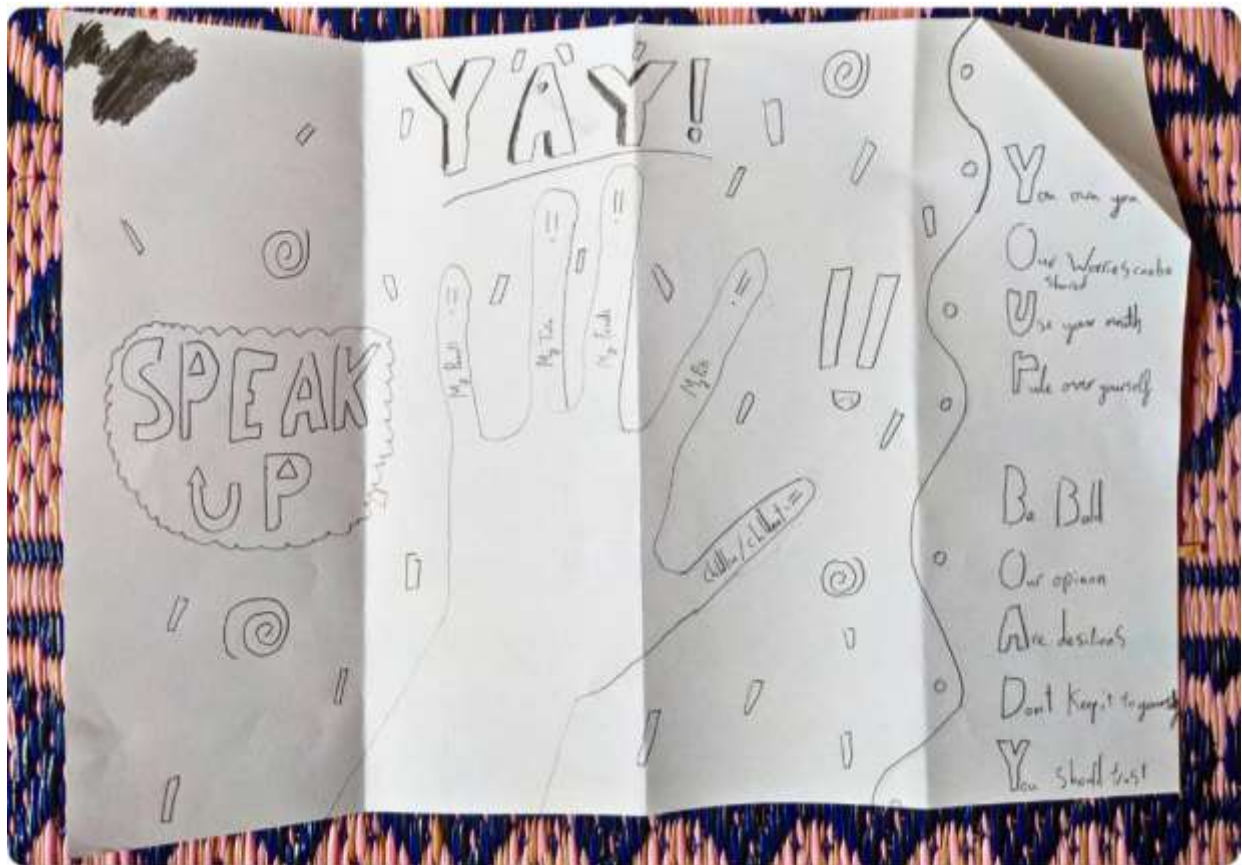


OxfordAgainstCutting  
ProtectingGirls&Women

# Training and Workshops Evaluation

## Oxford Against Cutting

April 2022- March 2023



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*“Young people are now exposed to a cacophony of harmful messages and pressures, in communities and online, about the behaviours expected to “fit in” or “belong” to a community group. Our charity is passionate about supporting whole school communities with accurate, sensitive and age appropriate information on harmful practices. We are delighted to have further expanded our reach, both in terms of the number of people who have joined our workshops and the subjects we now cover. Thank you to all the schools, communities and funders working to protect and support our next generation”.*

**Kate Agha, CEO**

## Introduction

Oxford Against Cutting (OAC) is an Oxford-based charity working to end harmful practices suffered by girls and women living in the Thames Valley. These include female genital mutilation (FGM), 'honour'-based abuse (HBA) and early and forced marriage (EFM), and female cosmetic genital surgery. Additionally, we provide body image workshops to address the increasing social pressures put on girls around their physical appearance.

Our mission is to end practices that harm girls and women by providing education, supporting survivors, raising awareness of support services, and empowering young people to champion initiatives against harmful practices. People from affected communities and young people are at the forefront of our activities.

Between April 2022 and March 2023, OAC provided **79** training sessions, workshops and presentations for state and private schools and other organisations with audiences totalling **4,142** participants across the Thames Valley and beyond. These included:

- **38** FGM-related training sessions
- **19** HBA-related training sessions
- **14** Body Image related training sessions

While the majority of the sessions surrounded FGM, HBA, and Body Image, a further **eight** sessions covered adjacent topics of expertise by our facilitators. These included **three** sessions for mothers and their children on identity, gender roles, and healthy relationships with the Sunrise Multicultural Project and **five** sessions with the Diverse Communities Working Group (Oxon) covering women's empowerment topics. All are listed in full in Appendix III. Sessions for school staff were generally 90 minutes long, with student lessons usually being 45 minutes to an hour. We were adaptive for time constraints, especially for conference presentations, etc. This work was funded by various institutions, including the following:

*Bracknell Forest Council, Garfield Weston Foundation, Oxfordshire County Council, The National Lottery, Police & Crime Commissioner Thames Valley, Sunrise Multicultural Project and the University of Oxford. We are very grateful to all of these organisations for their ongoing support.*

## Our audience

Over the period covered, we reached high numbers of individuals across a wide range of settings and organisations. The trainings involved in excess of **420** school and teaching staff and over **1,890** students at ten primary schools, nine secondary schools and one nursery school across Berkshire, Buckinghamshire, and Oxfordshire. These comprised:

- **827** primary school students and staff
- **1,483** secondary school students and staff

**“I would like to say how thankful all the Gresham teachers were for this informative and impactful training. I will be recommending you far and wide. Thanks so much.”**

-Gresham Primary School, South Croydon, Anti-FGM safeguarding for staff



*Student Feedback:  
Didcot School*

OAC also delivered sessions to a diverse range of **1,832** other stakeholders. This figure includes a range of professionals, independent groups, and individuals including but not limited to healthcare professionals, teachers’ unions, front line responders and VAWG professionals, police service members and community groups.

We successfully engaged online and in-person audiences over the period, delivering virtual training to **1,513** individuals and on-site training to **2,603** individuals. These stakeholders were reached through workshops, live webinars (including our ‘web café’ series), and public events, with notably **1,088** people reached through regional conferences that included Oxford Brookes University and the Leicestershire Police. Our wide audience reach is achieved through social media campaigns, direct approaches to institutions, repeat requests and word-of-mouth recommendations. We also encourage any schools who have taken part in teacher training to follow up with lessons for their students.

**“Thank you so much to both of you for sharing your **knowledge and experiences** with us-so inspirational. I will definitely be using the resources to help further my own research and taking it back to my school.”**

- NASWUT, FGM Training

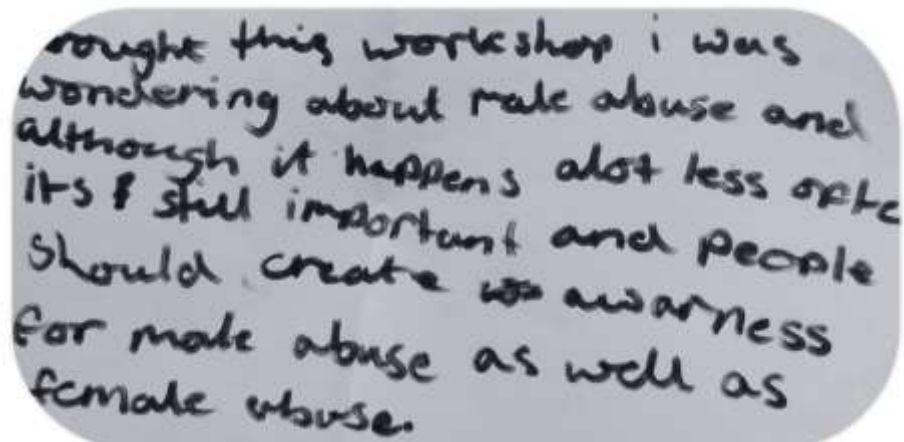
**“Fantastic chat - I felt we were all in the room **together** not just zoom. The sharing of real life experiences really highlighted the situation and how it comes about and the after effects. Thank you very much”**

- Childminder

## Facilitation

All OAC training is either facilitated or co-facilitated by a member of an FGM- and/or HBA-affected community, and many delegates have commented that this makes our training very powerful, helping them to see these harms as a reality rather than simply as an academic subject. All of our facilitators are DBS checked, and many undertake additional study and professional development as well as liaising closely with colleagues and project leads to maintain high standards and stay up-to-date.

The OAC team for the workshops and training covered in this evaluation consisted of: Babs Ceesay (Anti-FGM Facilitator), Dot Pritchard (Operations Manager), Emma Woods (Body Image Facilitator), Hauwa Suleiman (Anti-FGM and Anti-HBA Facilitator), Kate Agha (CEO), Keisy Lin Fong (Body Image Facilitator), Mariama Sallah (Anti-FGM Facilitator), Monica Majumdar-Choudhary (Anti-HBA and Body Image Facilitator), Moram Nafaa (Anti-FGM Facilitator), Dr Nesreen Yanni (Anti-FGM Facilitator), Rubie Marie (Ambassador and Anti-HBA Facilitator), Sobia Afridi (Anti-HBA Facilitator), Tanya Vyas (Social Media Communications Coordinator) and Valerie Lolomari (Anti-FGM Facilitator). Details of the team are provided in Appendix II. The web cafés also featured guest speakers, and a separate report (made available on our website) will be prepared giving full details of these sessions.



roughly this workshop i was wondering about male abuse and although it happens alot less ofte its still important and people should create awareness for male abuse as well as female abuse.

*Student Feedback: Botley School*

"The training was fantastic. It was so helpful hearing from a survivor. This added such an **important element** to knowledge and understanding."

- DSL, James Elliman Academy

## The Evaluation

The following report provides an evaluation based on attendee feedback. We use this both to understand how useful the training has been to them, and to learn from them to support continuous improvement in our work. Feedback was collected in a number of ways. Where practicable (e.g., where we had individual email addresses or a central contact who was able to disseminate), delegates were issued with a link to a follow-up SurveyMonkey questionnaire online. These asked them to report how **knowledgeable** and **confident in dealing with safeguarding issues** they felt in relation to FGM/HBA before and after the training. All questionnaires provided free-text space to encourage participants to comment. The evaluation questions are available in Appendix IV, and we have listed in full the free-format text feedback in Appendix V. As the body image sessions were all with students, no SurveyMonkey feedback was obtained from these. Feedback from students was instead obtained more informally at the end of each session, for example, collecting one-word feedback and writing comments on Post-it notes. We have provided illustrations of this feedback in the body of the report.

We have ensured that all participants are unidentifiable within this report.

**127** participants completed the questionnaire following FGM training, and **31** following HBA/EFM sessions. Feedback was very positive, and key results are shown below:

## Here's how our attendees ranked their overall experience...

### FGM training participants



9.1 out of 10

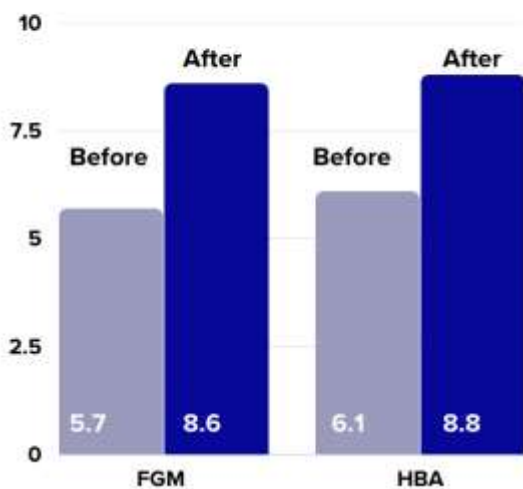
### HBA training participants



9.3 out of 10

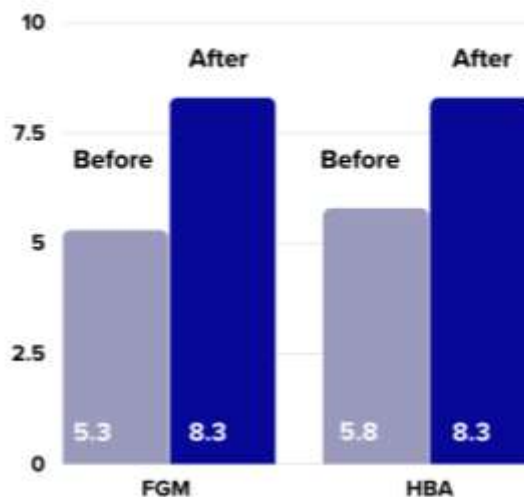
### How knowledgeable did you feel about FGM or HBA before and after you attended this training?

(where 0=not at all knowledgeable and 10=extremely knowledgeable)



### How confident were you about dealing with FGM or HBA safeguarding concerns before and after the training?

(where 0= not at all knowledgeable and 10=extremely knowledgeable)



We also collected feedback from a 30-minute feedback session following an online pilot workshop on FGM Protection Orders.

Participants included a TVP officer, a representative of the National FGM



the average score pilot attendees gave when rating *if they would recommend the workshop to others*



Centre, and representatives of FGM affected communities in the OAC team. The poll data yielded the following results.



the average score pilot attendees gave when rating *how confident they now feel in discussing FGMPOs*



of pilot attendees felt that the workshop had increased their understanding.

Finally, feedback received via email and through the free-format text from the SurveyMonkey questionnaires are shown in this report, and we analysed all to identify potential learning for our team and future projects.

**“I had attended a lot of information on safeguarding wrt to FGM prior to this and thought I knew a lot(!) but it was so hard-hitting to realise what was actually involved and get a **global perspective.**”**

-Teacher, Headington Prep

*Student Feedback: Waddesdon Primary School*



## Learning Points and Other Outcomes

In relation to the **FGM training** - as we have identified before - participants found it helpful to hear personal experiences from those who have gone through FGM. This added an important element to their knowledge and understanding of the practice. Testimony from FGM survivors was felt to be particularly insightful and informative, providing insight into the cultural aspects surrounding the practice and the implications it has on a person's emotional and marital life. Also, the facilitators were commended for their expertise and thoughtful delivery of the training. In terms of content and delivery:

- Some participants suggested more guidance on what to do if a case of FGM is suspected or discovered, including real life examples of signs, actions to be taken, role play or scripts to follow, wording to use with the child, and end results.
- Others suggested that it would have been helpful to see some more materials and resources, although they acknowledged that time constraints may have been a factor. Details of the OAC website and contact details are provided during each session, and factsheets are available on completion of the SurveyMonkey questionnaire. . This feedback will be noted to ensure participants are fully aware of where to access materials.
- Some participants suggested that leaving more time for a Q&A portion would have been useful, particularly for hearing from someone who has experienced FGM.
- Some participants felt that certain details were ‘triggering’, too explicit and uncomfortable to hear, and suggested that certain parts of the talk could have been done via a video or alternative resource to watch before the session. Every care has been taken to ensure our materials are not unnecessarily graphic or triggering (we do not use images of blades, blood or distressed children, for example) and our team gives trigger warnings ahead of each session and films as appropriate, as we recognise that the subject matter in itself can be upsetting. A learning point from the feedback may be to offer alternative ways to view films, although our team is keen to ensure they can support anyone who is triggered in a time sensitive way and this would not be possible if we shared films ahead of the training. All of these comments are useful to us and support our regular reflection on our materials and how they are delivered.

A positive outcome for us was that many participants expressed interest in receiving future updates and information on FGM, including meeting people who have first-hand experience with the practice and participating in internet campaigns. This was evidenced by 463 contacts we have added to our mailing list for OAC’s newsletter and notices of upcoming events.

**“This is the most in-depth FGM course I have attended.”**

- Child Minders, Anti-FGM Staff Training

We received similarly positive feedback from **‘Honour’-Based Abuse Training**, which was described as informative, well presented, and powerful.

The use of a range of speakers

and videos helped reinforce the message and engage participants. As with FGM training, feedback also highlighted the importance of personal stories and lived experience in helping participants understand the subject matter. Rubie's story, for example, was described as “hard-

hitting but necessary to increase awareness and understanding of HBA”, and participants were very appreciative of Rubie's honesty and bravery in sharing her story. Participants felt that the training was thought-provoking, highlighting the need to be alert and aware of the signs of HBA and to ask questions when something does not seem right. For us, this is an important outcome to achieve. Finally, OAC will reflect on the need for longer training sessions for HBA. Several participants and the facilitator noted that longer training sessions would be useful, e.g., a 3-4 hour session. This suggests that participants felt there was a lot of valuable information to be shared and discussed, but the time allocated was not sufficient to cover everything. As an organisation, however, we are often given time constraints by the institutions we work for, so this is not often within our power to change.

Additionally, useful learning points were gleaned from the feedback from **Body Image Sessions**. We were delighted with feedback from schools that these are age-appropriate and effectively addressed important issues that young people face, given that some aspects of this can be finely-balanced and difficult to tailor. The trainers were praised for their excellent delivery, and students appreciated the open and safe environment created

**“This has been an eye opener and having these real life examples are sad but help us in understand the subject unlike other training where we just discuss theories only.”**

- OSCB, Anti-HBA Training

for them to share their views. This indicates that the trainers were effective in creating a supportive and engaging learning environment. This was also evidenced by the feedback received from students, which was overwhelmingly positive, with students engaging well in the sessions and finding the resources provided to be helpful.

Finally, we were reminded of the need to be reflective and reflexive, in our practices, particularly where we are dealing with young people who show an interest in our work. One student, for example, expressed curiosity around beauty standards for males and other gender identities in addition to those placed on women and girls. The fact that the organisers are interested in more lessons from the trainers indicates that they were happy with the training and its outcomes.

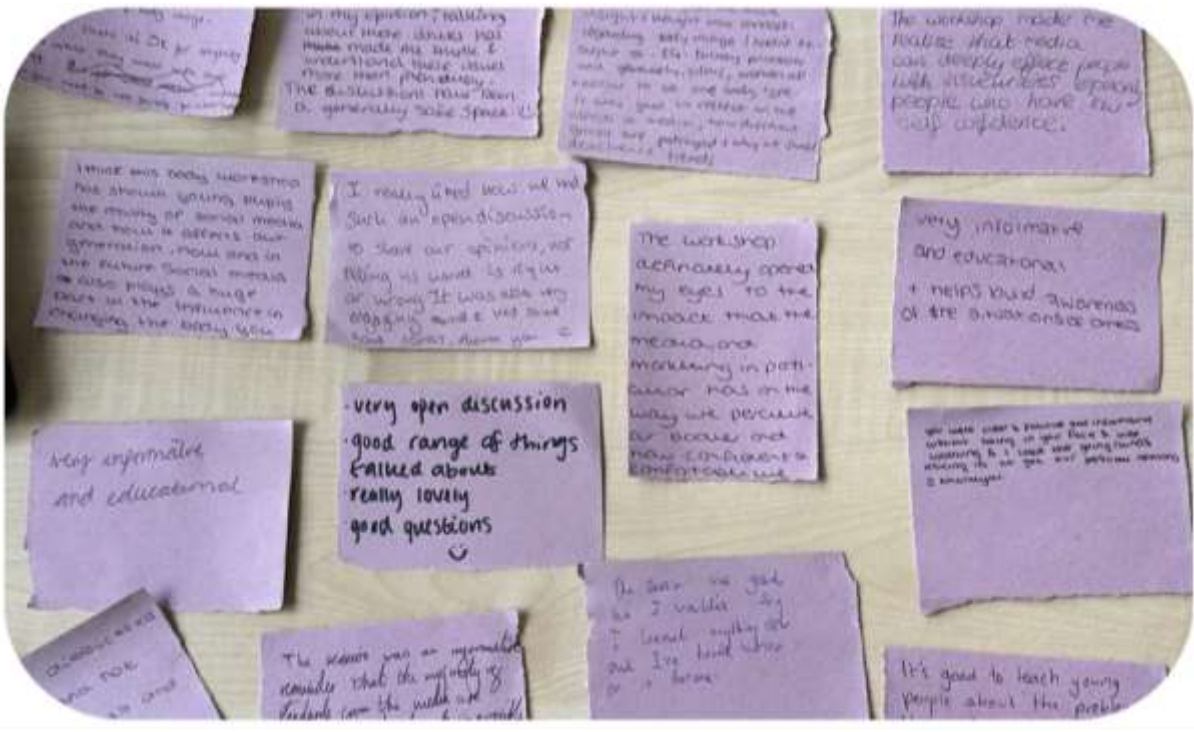
**"Very age appropriate and challenged some important issues that our young people face. Dot, Emma and Monica were excellent with the students."**

-Feedback from Body Image Training session

## Final summary

Overall, the feedback we received shows the value of the training provided, and the continued success of the team and materials developed. This work has evolved over a number of years, though more recent successes, such as the body image work for young people, show that there are ways to maintain fresh approaches and topics that move according to changing social pressures.

Some issues, such as the time available to busy professionals for the training sessions and the difficult nature of the material, are habitual concerns that we remain aware of though are sometimes outside of our control. Nevertheless, the feedback we have is that participants are overwhelmingly pleased to have taken part in our training, feeling more confident and knowledgeable. For staff and professionals, this means they are more alert to risk indications and ways to access appropriate intervention. For young people, they have increased levels of confidence in talking about FGM, HBA and body image issues. All of this makes a positive contribution in our aim to end harmful practices suffered by girls and women, with our education work having real and lasting impact.



Student Feedback: The Warriner School

# Appendix I- Social Media Samples



## Appendix II- Meet the Team



### **Babs Ceesay – Anti-FGM Facilitator**

Babs is a community nurse based in Oxford and a survivor of FGM. She is originally from the Gambia in West Africa and her passion is to use her experience of FGM to fight against harmful and traditional practices. She has worked with professionals and communities to raise awareness and encourage them to use shared knowledge and understanding to help end the practice. She is also a Survivor Ambassador for Savera UK.



### **Dot Pritchard – Project Manager**

Dot is Project Manager at Oxford Against Cutting, working to raise awareness of female genital mutilation (FGM), forced marriage and issues around body image through education and conversation. Dot is a lead facilitator and helps design, review and facilitate OAC's workshops. She has also been a mentor with Refugee Resource and a trustee for Young Women's Music Project. Dot has a BA in Philosophy and teaches yoga.



### **Emma Woods – Body Image Facilitator**

Emma is a body image facilitator with Oxford Against Cutting, having started as a volunteer with the charity in 2021. She is also a member of Oxford City Amnesty. Emma is currently studying A Levels in Politics, History, and Law at The Henley College and hopes to go on to study Human, Social, and Political Sciences at university.



### **Hauwa Suleiman – Anti-FGM and Anti-HBA Facilitator and Diverse Communities Working Group Co-Chair and Coordinator**

Hauwa is a specialist in gender issues affecting women and girls. She has experience volunteering in Nigeria with programmes targeting vulnerabilities in internally displaced persons camps, orphanages and impoverished communities. She has recently completed an MA in Development & Emergency Practice, specialising in Disasters, Risks and Shelter.



### **Kate Agha – Anti-FGM and Anti-HBA Facilitator and Diverse Communities Working Group Co-Chair**

Kate Agha is the CEO and Co-Founder of Oxford Against Cutting. She has experience in one-to-one outreach work with girls and women from migrant communities suffering all types of domestic abuse and honour-based abuse. She has an MA in Humanitarian and Development Practice and previously practiced law as a solicitor. Her research includes violence against women in Pakistan and the effectiveness of the legal system.

### **Keisy Lin Fong – Body Image Facilitator**



Keisy is passionate about the power of consent, female sexual liberty, and bringing about equality for the BAME and LGBTQIA+ community in all sectors of society. She was introduced to Oxford Against Cutting through volunteering to join an open conversation on the sex education system in the UK and discussing ways to improve it for future students going into secondary school. Since then, she has helped share messages against harmful practices.

### **Mariama Sallah – Anti-FGM Facilitator**



Mariama is an adult care worker who was born in the Gambia. She is a survivor of FGM and has a passion to help the girl child. As a Facilitator, Mariama uses her lived experience to help protect girls at risk and support survivors. Mariama has two children and enjoys cooking.

### **Monica Majumdar-Choudhary – Anti-HBA and Body Image Facilitator**



Monica Majumdar-Choudhary is a facilitator for Oxford Against Cutting, with expertise in HBA, body image and social media. She is currently the Marketing Manager for Retail Market Group and is also pursuing a PhD at Queen Mary University of London, specialising in the psychological impact of skin lightening products for South Asian women.

### **Moram Nafaa – Anti-FGM Facilitator**



Moram is an anti-FGM facilitator at Oxford Against Cutting and is currently studying for a Masters in Development Studies, with reference to gender, at SOAS University of London. Moram believes strongly in raising awareness through education to empower women and girls, to eradicate harmful practices globally.

### **Dr Nesreen Yanni – Anti-FGM Facilitator**



Nesreen is a paediatrician and campaigner against FGM from Egypt. She previously worked as a GP in Egypt, and with various NGOs, bringing health education to rural communities. She raises awareness against the practice of FGM, facilitating workshops with students, communities and teachers, particularly in the medical profession.





### **Rubie Marie – Ambassador and Anti-HBA Facilitator**

Rubie Marie is a survivor of sexual abuse, domestic violence and psychological abuse, as well as a victim of forced marriage and honour-based abuse (HBA). She was married at the age of 15, and subsequently endured family disownment and poverty as a young single parent. Having returned to education, she has contributed to specialised education material for HBA, and is in the process of completing her autobiography.



### **Sobia Afridi – Anti-HBA Facilitator**

Sobia is a facilitator and Equality, Diversity and Inclusion Lead for Oxford City Council. She previously worked in education for 25 years, at Oxford Brookes University, supporting under-represented groups to access higher education. She is passionate about tackling issues that some South Asian families consider “taboo” subjects, including forced marriage, first cousin marriage, fertility, disability and adoption, and has a degree in International Relations.



### **Tanya Vyas – Social Media Communications Coordinator**

As a Sikh woman born in Kenya who has lived in the UK, Tanya has three cultures which she intertwines in her daily life. She has a passion for raising awareness of inequality issues affecting women and the LGBTQ community. Tanya has a BA. Hons in International Marketing and Business and achieved a ‘First’ for her Masters in PR Management.



### **Valerie Lolomari – Anti-FGM Facilitator**

Valerie is an award winning motivational speaker and author. She founded the FGM support group, Women of Grace UK, where she advocates for projects aimed at protecting women and girls who are vulnerable to FGM. She also enjoys caring for the elderly in the community.

## Appendix III- List of Trainings, Workshops & Web Cafés

### Training and workshops for organisations

Botley School, Oxford – FGM Training  
 Bracknell Forest Council – HBA Training  
 Buckinghamshire New University, Social Care Students – FGM and HBA Training  
 Child minders – FGM Training  
 The Cooper School, Bicester – Body Image Training  
 Didcot Girls School – FGM Training  
 Elmore Community Services – FGM Training  
 Gresham Primary School, South Croydon – FGM Training  
 Harmans Water Primary School, Bracknell – FGM Training  
 Headington Prep School – FGM Training  
 Headington School – FGM Training  
 James Elliman Academy, Slough – FGM Training  
 Lynch Hill Enterprise Academy, Slough – HBA Training  
 Molinari Institute of Health – FGM Training  
 Monkston Primary School, Milton Keynes – FGM Training  
 Montem Academy, Slough – FGM Training  
 NASUWT – FGM Training  
 North Oxfordshire Academy, Banbury – Body Image Training  
 OSARCC – FGM Training  
 OSCB – HBA Training  
 The Oxford Academy – Body Image Training  
 Oxford High School – Body Image Training  
 Oxfordshire Youth – HBA Training  
 Project Salama’s women’s group – FGM Training  
 River Learning Trust – FGM & HBA Training  
 St. John’s Roman Catholic Primary School – FGM Training  
 Sunrise Multicultural Project – ‘Mothers and kids’ and ‘Gender roles’ training  
 Sunrise Multicultural Project, Orchard Way, Banbury, Ladies’ Group – Body Image Training  
 Waddesdon Primary School – FGM Training  
 The Warriner School – Body Image Training  
 Water Hall Primary School, Milton Keynes – FGM Training  
 West Berkshire Council – FGM Training  
 Wexham Court Primary School, Slough – FGM Training  
 Wycombe High School – FGM Training

### Conferences and working group presentations

Leicestershire Police – FGM Conference in Leicester

National FGM Centre Conference: International Day of the Girl Child: Ending FGM by 2030

OSCB VAWG Conference

Public Policy Exchange Conference: Protecting Women and Girls in the UK from Female Genital Mutilation

Vavengers FGM and Intersectionality Conference

Diverse Communities Working Group (co-chaired and facilitated sessions run by Hauwa Suleiman):

- Empowerment initiatives

- Why women can't/won't leave

- Meeting re interpretation services and communications

- Women who can't/won't leave - mediation services

- Children witnessing abuse in minoritised communities with Vania Martins

### **Web Cafés**

FGM and Life Stages with Dr Sharon Dixon, joint event with Savera UK

'Honour'-Based Abuse in African Communities with Fatou Ceesay

Pornography, Body Image, and Smart Phones with Abi Wycherley

'Honour'-Based Abuse- the ripple effect in communities with Rubie Marie

Smart Phones- a tool for 'honour'-based abuse with Monica Majumdar

Labia Pulling/ Stretching (forms of FGM) with Jacqui Mukono from Project Salama and Hauwa Suleiman from OAC

## Appendix IV- SurveyMonkey evaluation questions

### **FGM sessions:**

How would you rate this training overall (where 0=poor and 10=excellent)?

How knowledgeable did you feel about FGM before you attended this training (where 0=not at all knowledgeable and 10=extremely knowledgeable)?

How knowledgeable do you feel about FGM after you attended this training (where 0=not at all knowledgeable and 10=extremely knowledgeable)?

How confident were you about dealing with FGM safeguarding concerns before you attended this training (where 0=not at all confident and 10=extremely confident)?

How confident are you now about dealing with FGM safeguarding concerns, having attended this training (where 0=not at all confident and 10=extremely confident)?

### **Honour-based abuse sessions:**

How would you rate this training overall (where 0=poor and 10=excellent)?

How knowledgeable did you feel about HBA before you attended this training (where 0=not at all knowledgeable and 10=extremely knowledgeable)?

How knowledgeable do you feel about HBA after you attended this training (where 0=not at all knowledgeable and 10=extremely knowledgeable)?

How confident were you about dealing with HBA safeguarding concerns before you attended this training (where 0=not at all confident and 10=extremely confident)?

How confident are you now about dealing with HBA safeguarding concerns, having attended this training (where 0=not at all confident and 10=extremely confident)?

## Appendix V- Participant Feedback

### FGM Training Feedback

- Thank you so much for all of the information and the sharing of personal experience was interesting to hear - thank you for sharing.
- How prominent is it in this area (Bracknell)
- Fantastic chat - I felt we were all in the room together not just zoom. The sharing of real life experiences really highlighted the situation and how it comes about and the after effects. Thank you very much
- Fantastic chat - I felt we were all in the room together not just zoom. The sharing of real life experiences really highlighted the situation and how it comes about and the after effects. Thank you very much
- So much more informative than FGM training I have done before. Thank you for taking the time to do this.
- Not a suggestion for change but I just wanted to say how amazing it was to hear first hand from someone who had been through this and who gave such a well rounded explanation and retelling of her story. I also found it incredibly useful to actually see the pictures, particularly the stage 1 which we are possibly more likely to see as childminders. A huge thanks from all involved!
- Just to say, I cannot explain how grateful I was to benefit from the training and expertise of your trainers. The videos were invaluable especially the one about 'done out of love' I have thought about it so much since and really appreciate the emotional labour of your staff sharing their knowledge and experiences.
- One or two real life examples to be added, what signs the girl/s presented, what action was taken, what were the end results would have been good.
- The training was great - led at a good pace and accessible.
- I had attended a lot of information on safeguarding wrt [*work-related training*] to FGM prior to this and thought I knew a lot(!) but it was so hard hitting to realise what was actually involved and get a global perspective. Thank you for your time. Some staff are limited by childcare pick up times so please do plan time for us to be able to speak to you/ask questions within a time slot in future... :).
- Could possibly have covered a bit more about exactly what to do if we suspect or discover a case of FGM - perhaps some role play or scripts to follow. What wording to use with the child etc.
- Very informative and wide-ranging training, which covered lots of different aspects - thank you. The map showing various statistics was quite small on the projector; it would be helpful to find some way of enlarging this, to give attendees a clearer picture of FGM statistics & prevalence in different countries around the world.
- More analysis of signs for prevention and in-depth look at how this might actually look in the classroom other than physically seeing it.
- It may have been useful to see some training materials and resources - although I know there are time constraints.
- Thank you very much
- I am extremely impressed with how brave the lady was who spoke about her personal account of FGM. This really helped me to gain a better insight into the cultural aspects surrounding the practice and the implications it has on a person's emotional and marital life.

- The session was really informative and remained sensitive throughout. The testimony from the FGM survivor was particularly insightful and informative. Thank you very much.
- Thoughtful and expertly delivered, thank you so much!
- Mariama's presentation – discussing the social norms and world around FGM in communities (in her case, in Gambia) – was really helpful. It was also very helpful going through the visuals of Types 1-4 of FGM, as it helped me understand better how all the health risks would happen (e.g., AIDS/STIs, bacterial infections, period retention, back pain, urinary troubles, etc.).
- Thank you so much for an insightful and valuable session. I really appreciated it.
- Hauwa was such an excellent facilitator. I found Mariama's story so incredibly powerful and cannot thank her enough for sharing. Such an informative and valuable session.
- Thank you so much for such an informative and moving session.
- The training was fantastic. It was so helpful hearing from a survivor. This added such an important element to knowledge and understanding.
- No the training was very informative and well presented.
- I feel the training was too explicit and as a teaching practitioner there were certain things during the training that I did not feel I needed to know as I would not deal with these in reality it would be SLT or even the hospital
- Any updates in the future
- More information in the future would be useful.
- It was an eye opener experience having someone who has experienced it happen to them, let alone them talking to us about it.
- Some details, although added to the training, were very graphic and many staff members who would initially be only reporting and identifying concerns would not need to know the full extent as it was quite uncomfortable to hear: perhaps certain details or parts of the talk could have been done via a video or something to watch before, almost like a 'pre-teach' for the session.
- Leaving a longer amount of time for a Q&A portion, as hearing from someone who experienced FGM was extremely interesting.
- Any further information would be useful.
- Future updated information would be useful
- Any future information would be useful
- It would be great if we could meet people who have the first hand experience for these ruthless brutalities. It helps us to develop further understanding and learn way to deal with them and help others.
- It will be nice to have a internet campaign ... No cutting
- Hearing from Valerie was hugely eye opening and I felt very emotional. She was so brave to talk about her abuse and ongoing effects. One thing I would say is maybe a little more of a warning with regards to the details from her story would be beneficial, especially for people not completely aware of FGM. Over all the training was factual and professional. It was engaging and created awareness.
- I struggled to hear sometimes but I do have some issues with my hearing and didn't ask as I was embarrassed.
- Valerie's talk about her experience was eye opening, cannot thank her enough for being brave enough to share her story!
- Some real life examples of how FGM has been investigated and safeguarded. Slow the presentation down, it felt very rushed and just read off a screen.
- Involving the audience more helps cement learning.
- Fantastic training. I have attended FGM training yearly for many years but this training was very informative. It is a sensitive topic but was dealt with with professionalism and confidence. Just

a little thought as people on the training were reluctant to speak out and engage as a whole group would be to give people the chance to share their thoughts on their tables so the instructor can hear people feedback on topics discussed but allow people to feel more comfortable to speak without fear of making a mistake, saying something that may upset someone else etc. I would recommend this training to other schools. I also want to say Thank you to the speaker who is sharing her story with others to fight for change and educate others about FGM.

- Slower presentation
- Not to go into so much detail about the FGM - but how to identify children who may have had this and how to support them further and get them to talk about their needs. The FGM detail was very intense and difficult to take in all at once. This I feel did not help the teachers/support assistants. We are aware of what it is but working with the children is what we need to do. How to identify children and support them is what we need help with.
- The information provided was overwhelming. It was too much. I wanted to leave the room. I understand that people need to know what to do, but the information provided with diagrams was too much.
- Great training
- If there can be more information.
- How powerful and moving to hear a survivor of FGM share experiences.
- amazing training, really informative and was presented in a way that had a good mixture of participation and information. Nesreen and Dot were brilliant.
- It was so triggering and upsetting and i think there should be a stronger trigger warning before the first video. Nasreen was wonderful and pitched her parts just right.
- This was amazing training, it was very heavy but sooooo insightful and compassionate and it had real feeling! The lovely ladies really know their stuff on FGM and I applaud them for sharing this with us!
- No just thank you 😊
- Really well pitched
- Everyone appreciates everything you and Hauwa did during the workshops last week. Our pupils benefitted from your calm, kind, sensitive approach.
- Thank you so much. This is the most in-depth fgm course I have attended. Thanks x
- Thank you. This has definitely expanded my knowledge of FGM.
- Thank you very much, it was quite a raw account given, very brave lady x
- The session was really good, as always
- Thank you so much to both of you for sharing your knowledge and experiences with us-so inspirational. I will definitely be using the resources to help further my own research and taking it back to my school.
- Agreed, incredibly informative. Definitely feel this will influence my practice.
- This has been so helpful and honest, thank you!
- Thank you so much Hauwa and Mariama, this has been so valuable
- Thank you very much, this was very moving and interesting.
- Thanks to you both - so very interesting
- Very important topic and so so helpful.
- I would like to say how thankful all the Gresham teachers were for this informative and impactful training. I will be recommending you far and wide. Thanks so much.
- Thank you for today's training, it was very informative
- I was unable to attend the training but initial feedback I have received is that it was really informative.

- Excellent and exactly what they needed to start the conference
- The day was a great event and there has been a lot of positive comments passed on the day about the event and the speakers. There was many positive comments about getting the core understanding of FGM out using Babs story – very impactive
- Organiser said “students loved it”
- Thank you so much to Hauwa and Moram for delivering to our Year 7s last Tuesday. The students thought very highly of the session and thought it was very informative and helpful. It was a topic that most of our students knew nothing about and Hauwa and Moram delivered it sensitively and with compassion. Please pass my thanks on to them.
- Thank you so much for delivering the training yesterday. It was so informative and I had lots of comments afterwards from staff about how much they learned and how great your delivery was. I have circulated some resources and the survey link with staff.
- Thank you for the helpful information!
- Thank you very much for this informative training session, I have found it really impactful
- Thank you so much. This has been impactful and powerful, if hard to get my head around.
- Thank you :)
- Thank you so much, really helpful :)
- Thank you, really informative.
- Thank you
- thank you :)
- Just want to say a BIG thank you on behalf of the OSCB team for your presentation at the OSCB Learning Event on Violence against women and girls.
- Your presentation was really engaging and informative. The film was so thought provoking - thank you to your colleague for sharing that difficult life experience
- Thank you so much such a good morning with excellent speakers - well worth it.
- Great to have such a diverse range of speakers and expertise. Wonderful
- Really interesting and engaging morning, thank you all so much
- Thanks ever so much for being part of it.
- There is a lot of appetite for more information on this theme so we may return to it again in the next 12 months.

## **HBA Training Feedback**

- Well presented and informative using a range of speakers and including videos to reinforce the message
- Was a very informative presentation, was useful to have read the website beforehand
- A longer training day would be really good
- Excellent training, thank you
- From Facilitator: We had lots of feedback from the participants about running longer sessions, suggestions for a 3/4 hour session too!
- Really informative
- Very powerful session
- Thank both of you. Lots of information
- Really informative, thought provoking and the need that we have to be professionally curious at all times.
- Thank you Rubie for sharing your story
- Interesting and inspiring - little steps
- Really good and informative
- This was an absolutely incredible session. It was delivered by two individuals with a great deal of



knowledge

- The training was excellent, very glad that I attended
- Very helpful training
- From Facilitator: Positive feedback from organiser how the students were very vocal and engaged. A few students are known or described as the 'misbehaved/ disengaged kids' however they paid attention, contributed and even led some of the conversations. During lunch I had a few students approach me and say "a really good session miss" "I've learnt so much"
- It was a fabulous session and very informative. I have sent the links to all the staff. Please let me know if the response is low and I will chase it up.
- I will be in contact to arrange the training for our year 6's in February.
- Rubie is amazing and the message was hard hitting. My students said today how much better being online was, as Valerie's session was so hard hitting they were unable to not cry and felt better doing this at home
- This has been an eye opener and having these real life examples are sad but help us in understand the subject unlike other training where we just discuss theories only
- Such a complex issue but so much useful introductory info today, thank you. Shame you aren't given more than 90 mins to deliver the content as feel we've barely scratched the surface with the complexity of it all. Very eye opening session though x
- Really informative session on such a complex issue, thank you for sharing your knowledge. Would 100% come to a longer session to explore in more detail
- Thank you so much for this morning. I found the training very useful, that first video you showed was very hard hitting and nearly had me in tears!"
- "Really good to see you too Sobia. I thought the use of the videos was excellent and also hearing from you and Monica on HBV. Could you add the training on the EDI page and put it in Connected Council. I hope that we can get as many of our colleagues to sign up and learn more. I hope you have a good day 😊
- I've just attended the HBA course with Sobia and Monica and it was SUPERB. Please may you add my email address to your newsletter and mailing list. Very interested in your content, campaigns and possibly arranging some training for my teams. Have a great day. Huge thank you to Monica and Sobia
- Brilliant presentation ladies, thank you.
- Thank you this has been really informative and helpful.
- Thank you, very informative
- Very useful and informative, thank you both
- Thank you. Videos and sharing the lived experiences very powerful. Thank you
- Thank you very much. Very informative and thought provoking.
- Thank you very much
- Really helpful and hard hitting. Thank you
- Very informative and awareness of some of the signs
- Very helpful and informative. thank you
- Thank you very much. Very informative!
- Very informative and helpful, thank you.
- Really informative - thanks very much
- Thank you Monica and Hauwa, that was very informative and useful knowledge, thank you for sharing those hard hitting cases.
- Excellent informative presentation, Thank you all
- It's been really useful today

- Thank you both, it was really useful to listen to these sessions
- Thank you, I have learnt a lot
- This is really good for students to have someone sharing their personal experience. Do you think she would be happy to be part of our team as expert by experience. We have expert by experience who are part of recruitment of social work students, share their experience to students, programme curriculum development
- I have shared Ruby's experience (YouTube) to my previous students. It is lovely to hear her speak in person. I would be happy for her to be part of the expert by experience team as well.
- This was amazing and so insightful. Thank you for the education around this
- Thanks a lot for this extremely informative session , was an eye opener in many ways
- Thank you! A real eye opener
- Thank you for today, a really informative session.
- That was so powerful, thank you for sharing!
- I'm so glad you are brave enough to speak out. Thank you, so emotive
- Such useful training and we appreciate you sharing your story Rubie
- Thank you so much, really interesting and helpful, thanks for running this training and thanks for your honesty Rubie in sharing
- Thank you very informative
- Thank you, your strength is amazing
- Thanks for sharing you are a very brave lady
- Great session - thank you both!
- Very informative, thank you. I will have a look at the links that have been shared.
- Thank you, thought-provoking and interesting session.
- Helpful and insightful! thank you

## Body Image Training Feedback

- I just wanted to say a huge thank you to you all for the sessions over the last 2 weeks, we really appreciate you coming in and our students have benefited greatly. We have already heard some very positive feedback and will be sending a google form out tomorrow to all students to get some more information so I can share this with you next week. We are also asking if they have any unanswered questions so I may be back in touch with some questions for you too! Please pass on my thanks to all your teams, we found every single one of you to be friendly, approachable and knowledgeable. If you have any feedback for us we would gladly take it on board for planning these or similar sessions in the future and hope we can continue to work together
- Organiser said the presentation for students was pitched at just the right level and is interested in more lessons by OAC.
- Thanks so much for coming
- It was fab
- I thought the delivery and content was very age appropriate and well delivered. Students engaged well in the sessions. The resources, images, video clips were well designed. Perhaps one thing to consider and certainly not a criticism was there was a comment from a boy who was misled by the charity logo on the slide to think the session was focused on female beauty standards. This was not the case but it might be useful to increase the focus on beauty standards for males and other gender identities.

- Very age appropriate and challenged some important issues that our young people face. Dot, Emma and Monica were excellent with the students. It was really informative and whilst I know some of them remained quiet (not typical, I promise!) - I also know they absorbed some important thinking points. It had some really powerful elements and I know students appreciated the open and safe environment you created for them to share their views. They have spoken very highly of you all, so thank you.

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