



# Service Directory

Thames Valley PCC funded  
Domestic Abuse and Sexual  
Violence Services

2022

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## ALL VICTIMS OF CRIME

### Victims First Hub

Central point of contact and gateway for all victims of crime in Thames Valley.

#### The Service:

The Victims First Hub acts as a ‘one front door’ to all services in Thames Valley to ensure victims can get the support they need to help them to cope and to recover.

Victims First provides free, confidential, non-discriminatory emotional and practical support to all victims and in some instances their family members in accordance with their needs and the harm caused by the crime. Victims First has a number of specialist services which includes help for victims of sexual violence and domestic abuse. We may refer into one of our specialist core services which includes:

- Victims First Emotional Support Service
- Victims First Adults Specialist Service
- Victims First Specialist Counselling Service
- Victims First Young Victims Service

#### Who can it support?

Adults and children who live in Thames Valley available of whether or not a crime has been reported to the police.

#### Geographical area

Thames Valley

#### How to make a referral/further information

Telephone: 0300 1234 148

[www.victims-first.org.uk](http://www.victims-first.org.uk)



## DOMESTIC ABUSE/STALKING

### Thames Valley Stalking Service, Aurora New Dawn

Charity dedicated to ending violence against women and children, and hidden violence.

#### The Service:

Providing advocacy, support and consultancy for victims of domestic abuse related stalking.

#### Who can it support?

Any victim of domestic abuse related stalking.

Clients are not required to report to the police in order to access support.

#### Geographical area

Thames Valley

#### How to make a referral

Victims First:  
0300 1234 148 or  
online at  
[www.victims-  
first.org.uk](http://www.victims-first.org.uk)

#### Website

Further information on Aurora New Dawn at  
<https://www.aurorand.org.uk/>



## Sexual Assault & Abuse Support Service

Buckinghamshire & Milton Keynes

### SEXUAL VIOLENCE/MENS SERVICE

## Sexual Abuse and Assault Support Service Buckinghamshire and Milton Keynes

Provides advice, support and counselling to individuals in Buckinghamshire and Milton Keynes whose lives have been affected by rape, sexual assault and abuse.

### Services:

- Independent Domestic and Sexual Advisor (IDSV) for male victims - advocacy and support including support through the criminal justice process.
- Counselling - therapeutic support to help relieve the psychological, emotional, and physical distress suffered by rape, sexual assault and abuse.

### Who can it support?

Specialist services supporting Women, Men and Children.

### Geographical area

Buckinghamshire and Milton Keynes.

SASH Bucks for Buckinghamshire only.

### How to make a referral/further information

Email [support@saassbmk.org.uk](mailto:support@saassbmk.org.uk)

Or via [www.saassbmk.org.uk](http://www.saassbmk.org.uk)



**DOMESTIC ABUSE**

**Advocacy After Fatal Domestic Abuse (AAFDA)**

Advocates for families after the homicide or suicide of their family member or friend, following domestic abuse.

**The Service:**

Specialist and expert Advocates are highly trained and knowledgeable in all aspects of domestic abuse and the processes following domestic homicide or suicide.

The service is client led and includes the following:

- Listening with understanding and compassion.
- Ensuring the voice of family members affected by fatal domestic abuse is heard.
- Provision of specialist and expert Advocates.
- Use of expertise to advocate for families during domestic homicide reviews, Inquests, serious case reviews, mental health reviews, and similar inquiries.
- Peer support - bringing together of families to share their story.

**Who can it support?**

Adults and Children affected by domestic homicide, or suicide or unexplained death following domestic abuse.

**Geographical area**

National with local Thames Valley funded support

**How to make a referral/further information**

Email: [help@aafda.org.uk](mailto:help@aafda.org.uk)

Telephone: **07887 488 464**

<https://aafda.org.uk/>

# awa

supporting women and children  
against domestic violence

**DOMESTIC ABUSE/WOMEN**

## Aylesbury Women's Aid

Provides support for women, children and young people who are, or have been, affected by domestic abuse.

### The Service:

- Counselling – providing eight 50-minute sessions, with the possibility for additional session, up to a maximum of 12 sessions to domestic abuse victims in Aylesbury and surrounding areas.
- Clients can be signposted to this service, but must self- refer.

### Who can it support?

Women (with or without children) who are experiencing, or have experienced, domestic abuse.

### Geographical area

North Buckinghamshire

### How to make a referral

Tel: 01296 437777

Email:

[enquiries.awa@outlook.com](mailto:enquiries.awa@outlook.com)

### Website

[www.aylesburywomensaid.org.uk](http://www.aylesburywomensaid.org.uk)



## DOMESTIC ABUSE

### BRAVE (Building Resilience and Valuing Emotions)

#### Services:

- BRAVE is a service providing therapeutic support for victims of domestic abuse with additional emotional or psychological difficulties.
- 12-week group programme covers topics such as the function of emotions, low mood, anxiety, distress tolerance, building resilience, healthy relationships, and values.
- Graduates of the 12-week programme are invited to join BRAVE EMBRACE, a co-produced peer group where they can consolidate their skills and continue to receive support.
- **BRAVE Too** is a new service specially designed to engage male victims of Domestic Abuse.

#### Who can it support?

- Adults who have been in violent and/or abuse relationships and experience psychological/emotional difficulties and are not currently engaging in other forms of therapy.
- Must be safely away from the alleged perpetrator.
- Clients with substance misuse issues, which may be the primary problem or may interfere with ability to make use of treatment.

#### Geographical area

Living in Berkshire

#### How to make a referral

Email: [BRAVE@berkshire.nhs.uk](mailto:BRAVE@berkshire.nhs.uk)

Website:

<https://www.enablingtownslough.co.uk/opportunities/brave/>



# BROWNS

COMMUNITY SERVICES CIC

## DOMESTIC ABUSE/SEXUAL VIOLENCE

### Domestic Abuse & Exploitation Counselling Service, Browns Community Services CIC

Provides a range of support and advice to socially excluded, disadvantaged and vulnerable adults and families.

#### The Service:

##### Counselling:

- Up to 18 free counselling sessions to adults.
- A safe, confidential space to explore experiences of abuse and any underlying issues.
- Counselling sessions are offered remotely via telephone or online using the Zoom platform.

#### Who can it support?

Adults aged 18 and over who have experienced any form of domestic abuse, sexual abuse or exploitation at any point in their lives.

#### Geographical area

Thames Valley

#### How to make a referral/further information

Self-referrals and professional referrals are welcomed  
Email: [dacounselling@browns.co.uk](mailto:dacounselling@browns.co.uk)

Counselling Service Manager: Sobia Khan, [sobia@brownscs.co.uk](mailto:sobia@brownscs.co.uk)

Website: [www.brownscommunityservices.co.uk/services/counselling/](http://www.brownscommunityservices.co.uk/services/counselling/)



**DOMESTIC ABUSE/OLDER PEOPLE**

**The Dash Charity**

Provides specialist support to adults and children experiencing mental health issues, modern slavery, immigration, trafficking, homelessness and complex needs associated with Domestic Abuse

**Services:**

- Children’s Independent Domestic Violence Advisor (CHIDVA) for children and young people.
  - 1-2-1 support to children who have witnessed domestic abuse and have behavioural or emotional difficulties as a result.
  - Deliver training and healthy relationships workshops in schools and youth settings.
- Older persons Independent Domestic Abuse Advisor (IDVA) supporting women and men aged over 55 years.

**Who can it support?**

Women, men and children.

**Geographical area**


Slough, Windsor & Maidenhead and South Bucks.

**How to make a referral/ further information**

Email: [referrals@thedashcharity.org.uk](mailto:referrals@thedashcharity.org.uk)  
 Helpline: 01753 549865

Natalie Attfield the “Older persons IDVA” for engagement and can be contacted on 07990 018 708.

	<p><b>DOMESTIC ABUSE</b></p> <p><b>Flag DV</b>          Helps people experiencing domestic abuse or violence from their partners, ex-partners or family members to access specialist advice and support.</p>	
<p><b>The Service:</b>          Offer a free legal advice appointment (telephone or face to face) with a volunteer solicitor, legal executive or barrister who specialises in Family Law.</p> <p>The clinic provides advice around:</p> <ul style="list-style-type: none"> <li>• Divorce or separation.</li> <li>• Child custody, residency and arrangements including contact with a child in care.</li> <li>• Advice about the legal aid process and application.</li> <li>• Advice regarding non-molestation orders, occupational orders, forced marriage protection orders. (Note this is advice only, we are unable to arrange these orders on your behalf).</li> <li>• Financial matters such as maintenance, division of assets.</li> <li>• General court proceedings understanding.</li> </ul>		
<p><b>Who can it support?</b>          Adults who have been affected by domestic abuse.</p>	<p>Geographical area          Berkshire          Buckinghamshire          Oxfordshire</p>	<p><b>How to make a referral/ further information</b>  <a href="http://www.flagdv.org.uk">www.flagdv.org.uk</a>          01635 015854 (Mon-Fri from 11am-1pm)</p>

	<p style="color: red; text-align: center;"><b>DOMESTIC ABUSE/OLDER PEOPLE</b></p> <p><b>Hourglass</b> The UK's only charity focused on the abuse and neglect of older people.</p>	
<p><b>The Service:</b></p> <ul style="list-style-type: none"> <li>• A specialist older persons' Independent Domestic Violence Advisor (IDVA) Service.</li> <li>• The service will initially provide six sessions to each client, usually delivered over the phone, more sessions can be delivered if required.</li> </ul>		
<p><b>Who can it support?</b></p> <ul style="list-style-type: none"> <li>• Individuals aged 60 or over.</li> <li>• Individuals at risk of harm from a partner, ex-partner or family member, or individual is in recovery following harm perpetrated by one of the aforementioned.</li> </ul>	<p><b>Geographical area</b></p> <p>East Berkshire</p> <p>Buckinghamshire (excluding Milton Keynes and South Bucks)</p> <p>Oxfordshire</p>	<p><b>How to make a referral/ further information</b></p> <p>Referrals to Hourglass Community Response Service 24/7 helpline : 0808 808 8141</p> <p>Hourglass are keen to establish direct referral routes with partner agencies in the Thames Valley. If your organisation is interested in a direct partnership with the Community Response Service please get in touch with our Community Response Coordinator by emailing <a href="mailto:isobelirwin@wearehourglass.org">isobelirwin@wearehourglass.org</a></p>



**DOMESTIC ABUSE**

**MKact**

Charity providing safe emergency accommodation in Milton Keynes and support for people and their children escaping domestic abuse

**The Service:**

- Independent Domestic Violence Advisor (IDVA) for victims of domestic abuse in Milton Keynes over the age of 55.
- Complex Needs IDVA for victim’s domestic abuse with substance misuse issues or mental health may be the primary problem or may interfere with ability to seek refuge.

**Who can it support?**

- Anyone who is experiencing or has experienced domestic abuse in the Milton Keynes area.

**Geographical area**

Milton Keynes

**How to make a referral/ further information**

Complete an online referral form:  
[www.mkact.com/referrals/](http://www.mkact.com/referrals/)  
 Email : [info@mk-act.org](mailto:info@mk-act.org)  
 Helpline: 0344 375 4307



**Oxfordshire Sexual Abuse & Rape Crisis Centre**

**SEXUAL VIOLENCE**

**Oxfordshire Sexual Abuse and Rape Crisis Centre (OSARCC)**

Supporting survivors of sexual abuse, rape, and harassment.

**Services:**

**Counselling**

**Specialist Independent Sexual Violence Advisor**

- Supporting older survivors of sexual violence and survivors with physical, learning or sensory disabilities.

**Children and young people Independent Sexual Violence Advisor**

- Supporting children and young people who are survivors of sexual violence.

**Both Independent Sexual Violence Advisors:**

- Provide information and support to victims and survivors who have reported to the police, or are yet to decide if they want to report.
- As well as advocacy, all service users are offered support via counselling, support and drop-in groups, psychoeducation programme and listening services.

**Who can it support?**

Adults who have experienced sexual harassment, sexual abuse and/or rape, whether recently or in the past, as a child or as an adult.

**Geographical area**

Oxfordshire

**How to make a referral/ further information**

Refer at <https://www.osarcc.org.uk/make-a-referral/> or call 01865 725311

E-mail (for general enquiries): [admin@osarcc.org.uk](mailto:admin@osarcc.org.uk)



**DOMESTIC ABUSE/CHILDREN**

**Bounce Back 4 Kids (BB4K)**

Support programme developed by PACT that uses therapeutic techniques to support children who have been affected by or witnessed domestic abuse.

**Services:**

Support is tailored to be responsive to the needs of families but can include individual support, group work, online workshops and courses, play therapy, other therapeutic sessions.

Support is provided to the child and the non-abusive parent, and both must want to access support and be able and ready to attend.

**Who can it support?**

Children aged 3-11 who have survived or witnessed domestic abuse.  
  
The perpetrator must no longer be present in the family home.

**Geographical area**

Reading  
  
West Berkshire  
  
South Oxfordshire  
  
Oxford City

**How to make a referral/ further information**

Referrals should be made via the [BB4K Referral Form - PACT \(pactcharity.org\)](#)  
  
For general enquiries: Phone 0118 402 1682 or 0118 402 1755  
  
Email [BB4K@pactcharity.org](mailto:BB4K@pactcharity.org)

 <p><b>Reducing the Risk</b> of Domestic Abuse</p>	<p><b>DOMESTIC ABUSE</b></p> <p><b>Reducing the Risk of Domestic Abuse</b> Dedicated to the safety of adults and children at risk of domestic abuse and to the empowerment of the professionals and volunteers who support them.</p>	
<p><b>Services:</b></p> <ul style="list-style-type: none"> <li>• Provision of a court Independent Domestic Violence Advisor who supports victims of domestic abuse who are going through the Criminal Justice System and/or applying for civil orders such as non-molestation/occupation orders to protect themselves and their families.</li> <li>• Supporting domestic abuse victims in court following a DVPN/O being issued.</li> </ul>		
<p><b>Who can it support?</b></p> <p>Anyone who has experienced domestic abuse and is needing support at Criminal or Civil Court.</p>	<p><b>Geographical area</b></p> <p>Oxfordshire and Milton Keynes</p>	<p><b>How to make a referral/ further information</b></p> <p><a href="mailto:contact@reducingtherisk.org.uk">contact@reducingtherisk.org.uk</a></p> <p>Telephone: 01865 965055</p>





**DOMESTIC ABUSE/ SEXUAL VIOLENCE/ ETHNIC MINORITIES**

**Refugee Resource**

Aims to relieve distress, improve well-being and facilitate the integration of refugees and asylum seekers in Oxfordshire, by providing psychological, social and practical support.

**Services:**

- Counselling service providing therapy to refugees, asylum seekers and vulnerable migrants suffering from domestic abuse and sexual violence.

**Who can it support?**

Refugees, asylum seekers and vulnerable migrants experiencing domestic abuse or sexual violence.

**Geographical area**

Oxfordshire

**How to make a referral/ further information**

Complete a referral form at [www.refugeeresource.org.uk/contact-us](http://www.refugeeresource.org.uk/contact-us)

Or visit the office in person:

Refugee Resource, The Old Music Hall, 106-108 Cowley Road, Oxford, OX4 1JE.

Phone number: 01865 403280



**DOMESTIC ABUSE/SEXUAL VIOLENCE/CHILDREN**

**SAFE! Support for Young People Affected by Crime**

Provides support to children and families around the Thames Valley who have been affected by crime or abuse through one-to-one and group sessions

**Services:**

- Children’s Independent Domestic and Sexual Violence Advisors (CHISVAs) providing advocacy support to children and their families who are going through a criminal justice process, or who need help to report, following an experience of sexual harm or domestic abuse.
- Specialist Domestic and Sexual Violence Project Workers provide one-to-one emotional and practical recovery support to children at any stage after an experience of sexual harm or domestic abuse.
- Project workers run DAY (Domestic Abuse and Young) programme groups for children (aged 11 to 18) which focus on healthy relationships and peer support. DAY explores healthy and abusive behaviours in relationships using a multi-media and interactive approach. It also includes protective behaviour activities and opportunities to build positive peer relationships. Groups will run twice a year in each county.

**Who can it support?**

- Children aged 5- 18 for ISVA and IDVA provision and one-to-one emotional and practical support.
- Children aged 11 -18 for DAY programme

**Geographical area**

Berkshire  
Buckinghamshire  
Oxfordshire

**How to make a referral/ further information**

To refer a child for support, please visit <https://www.safeproject.org.uk/routes-to-help.php>



**DOMESTIC ABUSE**

**Sunrise**

Offering women from diverse communities who are affected by domestic abuse access to independent support, information and advice.

**Services:**

- Provision of an Independent Domestic Violence Advisor (IDVA) to support women from diverse ethnic backgrounds.
- Domestic Abuse traineeship programme to increased trainees’ knowledge and awareness around domestic abuse and violence against women and girls

**Who can it support?**

Adult women who have been affected by domestic abuse and are from a diverse community.

**Geographical area**

North Oxford

**How to make a referral/ further information**

Assia Bibi – Project Manager  
 Email; [assia.sunrisemp@gmail.com](mailto:assia.sunrisemp@gmail.com)  
 Tel; 07760308093/01295 701728  
 Web: [www.sunrisemulticultural.org.uk](http://www.sunrisemulticultural.org.uk)  
 Sunrise IDVA worker – Shabnam Malik



**DOMESTIC ABUSE/SEXUAL VIOLENCE/LGBTQ+**

**Support U**

Lesbian, gay, bisexual and transgender (LGBTQ+) help and support service serving the Thames Valley area

**Services:**

- Specialist Independent Sexual Violence Advisor (ISVA) and Independent Domestic Violence Advisor (IDVA) provision for LGBT+ community
- Dedicated caseworkers support clients through the process of seeking support, progressing with the criminal justice system (where relevant), and advocacy and advice. Practical support includes working with clients to develop individualised safety and support plans.

**Who can it support?**

Adults from the LGBT+ community who have experienced domestic abuse or sexual violence

**Geographical area**

Berkshire  
Buckinghamshire  
Oxfordshire

**How to make a referral/ further information**

To make a referral call 0118 321 9111 or visit [www.supportu.org.uk](http://www.supportu.org.uk)



**SEXUAL VIOLENCE/MEN/CHILDREN**

**Trust House Reading**

Providing support to survivors of sexual violence and abuse.

**Services:**

- Children’s Independent Sexual Violence Advisor (CHISVA) - supporting children and young people affected by rape, sexual abuse and child sexual exploitation. Includes supporting parents with the investigation and court, providing emotional and practical support through the civil court system (e.g. family court, care proceedings), liaison with other professionals.
- Male Independent Sexual Violence Advisor (ISVA) - providing advocacy support and help for individuals who are going through a criminal justice process, or who need help to report, following an experience of rape or sexual violence.
- Outreach work in local communities raising awareness about the sexual abuse among men and boys.

**Who can it support?**


- Adult Men who have experienced rape and sexual violence (MALE ISVA)
- Children and young people aged 4 – 20 years old who have been affected by rape, sexual abuse or child sexual exploitation (CHISVA)

**Geographical area**

Berkshire  
Buckinghamshire  
Oxfordshire

**How to make a referral/ further information**

Make a referral at [www.trusthoureading.org](http://www.trusthoureading.org)  
Email [support@trusthoureading.org](mailto:support@trusthoureading.org) or  
Call 0118 958 4033

	<p><b>SEXUAL VIOLENCE/ETHNIC MINORITIES</b></p> <p><b>Victims First Specialist Service (VFSS)</b></p> <p>Provides free emotional and practical support to victims of crime across the Thames Valley.</p>	
<p><b>Services:</b></p> <ul style="list-style-type: none"> <li>○ Supports adults across Thames Valley who have experienced traumatic crimes. Activities are designed to increase confidence, make individuals more resilient and improve future safety.</li> <li>○ Has three Independent Sexual Violence Advisors (ISVAs) located in each county of Thames Valley who specialise in supporting people from diverse communities and those who may not ordinarily access services through the usual pathways.</li> <li>○ Support includes but is not limited to support with reporting, advocacy throughout the CJS process, emotional support throughout, practical support with issues such as housing, health care and finances, immigration and accessing other services where appropriate. The support is not time restricted and will remain in place for as long as there are relevant needs present.</li> <li>○ Provides access to specialist ISVAs/IDVAs/Restorative Justice and specialist support for those affected by Modern Slavery.</li> </ul>		
<p><b>Who can it support?</b></p> <p>Adult men and women from ethnic minority communities</p>	<p><b>Geographical area</b></p> <p>Berkshire Buckinghamshire Oxfordshire</p>	<p><b>How to make a referral/ further information</b></p> <p>Make a referral at <a href="http://www.victims-first.org.uk">www.victims-first.org.uk</a> Call 0300 1234 148</p>



## DOMESTIC ABUSE

### Wycombe Women's Aid (WWA)

Offering women affected by domestic abuse access to safe, temporary accommodation, support, information and advice

#### Services:

- Provision of a counsellor in WWA counselling service for women who are experiencing, or who have experienced, domestic abuse

#### Who can it support?

Adult women who have been affected by domestic abuse

#### Geographical area

Wycombe, Chiltern or South Bucks districts of Buckinghamshire

#### How to make a referral/ further information

Referral into the counselling service is always via self-referral and this can be done as follows:

-by calling the lead Counsellor, Denise, on 07890 456907

-by using the 'Contact Us' form on Wycombe Women's Aid's website

-by using the [www.wycombewomensaid.org.uk/contact-us/](http://www.wycombewomensaid.org.uk/contact-us/)

Email: [enquiries@wycombewomensaid.org.uk](mailto:enquiries@wycombewomensaid.org.uk)