**

Lesson for Who Can You Tell? - Suggested letter to parents/carers

*[Date]*

*Dear*

***Lesson to support healthy relationships***

*I am writing to advise that children in [insert class] will participate in a lesson on [insert date] to support learning about healthy relationships and keeping our bodies safe.*

*The lesson will include learning on body rights, speaking up if we are hurt and the support available. The aim of the lesson is to increase children’s safety, especially around sexual abuse, assault and female genital mutilation (FGM). We will not talk specifically about any of these types of harm and please be reassured there will be no explicit discussion. We will be discussing body rights and staying safe. We will not be showing the children any images that are upsetting, and the material will be age-appropriate.*

*The lesson plan is aligned with the NSPCC PANTS campaign and you can find out more at: https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/*

*The lesson will be supported by a friendly character called Blue Rabbit - your child may mention this character at home!*

*Please do contact the school if you have any questions or would like further information about the lesson. We will also be happy to provide you with advice and guidance on answering questions at home.*

*We believe relationship education is essential to ensure children can grow in a safe, supportive environment to reach their full potential and appreciate your support for this programme.*

*Yours sincerely*